Who we are

INOBTR.org

i know better...do you?

Keeping Kids Safe Online
Don’ts

- Don’t share personal information
- Don’t talk to strangers online
- Don’t share your passwords
- Don’t post personal pictures and images
- Don’t confuse virtual world for real world
- Don’t use the Internet to hurt someone
- Don’t click on links you don’t recognize
LIVING ONLINE

- Virtual world vs the real world – lines are skewed
- Everything is instant – including reactions and reposting, retweeting, forwarding, etc.
- A playground where it’s okay to make fun of others
- A mistake can go viral as easily as something good.
- Feel free to say and do anything, with little regard to consequences… because Everyone is doing it!

“Social Media is ruining our lives… but we would have no lives if it wasn’t for social media” 16 year old girl
TALK TO YOUR KIDS

► Share Your Fears
► Let Them Be the Teacher
► Keep the Talk Going
► Make THEM feel at ease

❖ PERMANENT
❖ PUBLIC

Wi-Fi went down for five minutes, so I had to talk to my family. They seem like nice people.
CONVERSATIONS NEED TO BE:

- Open & Honest - Real
- Proactive Not Reactive *
  - Conversations not lectures
  - Find the right time
- Nonjudgmental (they will mess up)
- About hard topics & consequences
- New Technology = New Conversation

*unless you messed up…
STARTERS...

- Let Them Teach You
- Let Them Help You Clean Up Your Footprint
- Let Them Discuss Real Life
  - TV shows, the News
  - Stories from School
  - Stories Online
- Let them Respond & React
SCC is about to get the ugliest side of me, if you see me on the news don’t be surprised. S*** is about to get real, you’ll see it on the news probably BC I’m gonna kill someone, these ***** idiots I swear I’m gonna throw a chair across the office, about to drop out of school BC SCC is the is the biggest ***** I’ve ever had to deal with, this dude is gay, I got him. Fat *****.”

Teen's Facebook Post Costs Father $80K Legal Settlement
STAY UP TO DATE

- Read what the Experts say
- Sign up for Newsletters/Blogs
- Talk to and Share with other Parents
- Know what apps your kids use
- Check in with them
HOW-TO SITES
Did you know...

that 87% of teens communicate through texting, IMing, and social networking sites.

The world of the Internet is full of fascinating facts, games and people. But, just like a real neighborhood, it also has liars, thieves and predators. Let’s keep our neighborhood safe for everyone to play and learn. Check here often to find out how:

Help! Help!

Instagram, Facebook Timeline and Unfriend Finder, oh my

Posted in Blog About It, News & Events, Newsletters on 02 13th, 2012

I was prepping for a presentation at a local church this coming Wednesday and I’m always looking for “new material”. Let’s face it; I’m just like you trying to keep up with what’s going on,…”

Sign Up for our Newsletter
BE A GOOD ROLE MODEL

- Set rules for WHOLE family – Involve Them
  - Time Limits, Time of Day
  - Tech Free or Homework First
- Clean up Your Own Footprint
- Admit when You mess up
- Walk the Talk
Their Biggest Fear = FOMO

- Exclusion – real or imagined
- Need to be validated by online followers or “friends”
- Have to have latest games, apps, devices and activities online
- Lurking

“I would rather not eat for a week than to lose my phone” 8th grade girl

“I have had students become physically ill when separated from their phones (a form of punishment used by schools for inappropriate use)” school nurse
Our Biggest Fears

- Their identity
- Their reputation
- Their mental well-being
- Cyberbullying
- Exploitation
IDENTITY / REPUTATION

- Wanting to Fit it
- Taking Risks, Branching Out
-Just formulating who they want to be
- Finding out that teen life is different
- Judgment and reasoning skills not yet developed
- So They Share Everything
THERE’S AN APP FOR THAT

- Apps are geared to # of friends or followers = Popularity
- They demand sharing/commenting
- Privacy settings are “iffy”
- Apps pretend to protect your privacy
  - Disappearing/Timing
  - Select Audiences
- Encourage Creativity – but masks reality
THERE’S A GAME FOR THAT

- Addictive / Time Consuming
- Violent and Profane
- No real “prize”, but encourages winning at all costs, rewards aggression
- Best baby sitter in town
- Same rush as cocaine
- Virtual World vs: Real World
- Teaches deductive reasoning
- Improves decision making skills
- Encourages the search for solutions
- Affords players a sense of accomplishment
- Cheaper than cocaine

“I started playing video games at the age of 5, now I am 18 years old and the only thing I like to do in my spare time is play games. The more I play, the more depressed I feel, but when I’m not playing video games I feel deprived and annoyed.” 18 year old boy
The Facebook post, made in the midst of an argument regarding the online game "League of Legends," stated, "I'm f---ed in the head alright. I think I'ma [sic] shoot up a kindergarten and watch the blood of the innocent rain down and eat the beating heart of one of them." "LOL" "JK"
Five Nights at Freddy's
THERE ARE BULLYS FOR THAT

Cyberbully = Constant, repeated harassment
Meant to invoke physical, mental & emotional harm

► You can say anything and no one stops you
► Easier to bully online & send to many people at once
► They don’t think they’ll be caught
► To feel powerful or clever, funny, or popular
► Because they’re insecure
► It diverts attention away from them.
► They see us do it everyday
THEN THERE’S SEXTING

“Yeah, it happens a lot, my friends do it all the time, but it’s no big deal.” – 9th Grade Boy
SEXTING/SEXTORTION

- It starts with a simple picture
- Escalates to more racy/ NO boundaries
- Can be seen as a way to get noticed or popular
- Can be used for Sextortion or Bullying

“Most people are too shy to have sex. Sexting is not as bad.” - 8th Grade Girl
INTERNET PORNOGRAPHY

- Is addicting
- Can be illegal
- Doesn’t make you a bad person/curious
- Can be misleading and set up wrong expectations for relationships
- Can ruin your reputation
- Is FAKE, airbrushed, photoshopped, actors?
- Is just plain RAMPANT AND ICKY!
WHY DON’T KIDS REPORT?

► Not sure what to do.
► Teachers/Parents don’t listen
► It will just make it worse
► Fear of retaliation
► It’s embarrassing
► I’m not a “snitch”

► Which is why we have to keep talking
QUESTIONS?

Listen earnestly to anything your children want to tell you, no matter what. If you don’t listen to the little stuff when they are little, they won’t tell you the big stuff when they are big. Because to them, all of it has always been big stuff.
THANK YOU FOR ALL YOU DO!
FEEL FREE TO CONTACT ME:

CINDY SCHROEDER

www.INOBTR.org

cindy@inobtr.org

314-721-9004